

EARLY CHILDHOOD PROGRAMS

Fall 2024



Parent & Tot - ARTS

MUSIC FOR LIFE **P**

1-2yrs

Have fun with your child while they learn simple music concepts. Join us to sing, play instruments and move to the music! Play interactive games that explore beat, pitch, dynamics, as well as literacy and numeracy skills. Presented by the Victoria Conservatory of Music.

SAANICH COMMONWEALTH PLACE

FULL F Sep 20-Nov 22 9-9:30am 10/\$138

FULL F Sep 20-Nov 22 9:35-10:05am 10/\$138

THE MUSIC CLASS:

THE DINOSAUR COLLECTION **P**

Birth-4yrs

Unleash your child's musical potential! Join us for 10 weeks of singing, dancing, movement and instrument play. These mixed-age fun-filled classes are designed to stimulate a lifelong understanding and enjoyment of music for children with their parents/caregivers. Music/songbook download included, with new award-winning music every session! Siblings can be registered for \$132 at the centre. Siblings under 9 months (at the first class) attend free.

SAANICH COMMONWEALTH PLACE

Jennifer Yuen

122429 W Sep 25-Dec 11 9:15-10am 10/\$210

123777 W Sep 25-Dec 11 10:15-11am 10/\$210

FULL W Sep 25-Dec 11 11:15am-12pm 10/\$210

P = PARENT OR CAREGIVER PARTICIPATION REQUIRED

HOW TO REGISTER

ONLINE at Saanich.ca/Recreation

PHONE 250-475-7600

IN PERSON at any of our 4 Recreation Centres



Parent & Tot - GENERAL INTEREST

JUMPING JELLY BEANS **P**

18mths-3yrs

This combo class starts with crafts, songs and group play for 45 minutes. After a snack, we move into the gym with ride-on toys and kindergym activities to let off some steam! Parent or caregiver participation required.

SAANICH COMMONWEALTH PLACE

Joanne Van Dyk

FULL F Sep 20-Nov 1 9:15-10:45am 7/\$77

122401 F Sep 20-Nov 1 11am-12:30pm 7/\$77

FULL F Nov 8-Dec 13 9:15-10:45am 6/\$66

122622 F Nov 8-Dec 13 11am-12:30pm 6/\$66

CHILDMINDING Up to 10yrs SAANICH COMMONWEALTH PLACE

Starts September 17

Tuesday 8:45-11:30am

Wednesday 8:45-11:30am

Thursday 8:45-11:30am

You'll like it – they'll love it! Saanich Commonwealth Place is pleased to provide offer quality childminding care in a safe, friendly and fun environment. We recommend 1 hour and up to 1.5 hours per visit. Not available on stat holidays

- Infants to 10 years
- Parents/guardians must be on the premises while your child receives care

For more information, please contact Ruth Smith, Preschool Programmer at ruth.smith@saanich.ca

Cost:

- \$5.50/hr/per child
- Third child and subsequent children of the same family are \$2.50/hr/per child
- 10 hour card: \$50.75
- 25 hour card: \$119.50

MUCKIN' AND MESSIN' ^P 18mths-3yrs

Why make a mess at home? Join us for painting, gluing, glitter, marble painting, messy play, finger paints and loads of fun. We'll have playtime, circle time, songs and gym time. Parent or caregiver participation required.

SAANICH COMMONWEALTH PLACE

Michelle Dyas

122410 Tu Sep 17-Oct 29 9:15-10:45am 7/\$77

122641 Tu Nov 5-Dec 17 9:15-10:45am 7/\$77

Christine Lee

FULL W Sep 18-Oct 30 9:30-11am 7/\$77

122642 W Nov 6-Dec 18 9:30-11am 7/\$77

PLAYTIME COMBO ^P 18mths-3yrs

You and your little one will keep busy with fun activities and creative play. Painting, gluing, puzzles, songs, and a variety of play stations are all designed to spark your child's imagination. After snack and circle time, we move to the gym with ride-on toys and kindergym activities. Parent or caregiver participation required.

SAANICH COMMONWEALTH PLACE

Christine Lee

122420 M Sep 16-Oct 28 9:15-10:45am 5/\$55

122947 M Nov 4-Dec 16 9:15-10:45am 6/\$66

Parent & Tot - SPORTS

ACTIVE TOTS: PARENT AND CHILD MULTI-SPORT

18mths-3.5yrs ^P

Join our hands-on coaching staff and support your child to develop their gross motor skills. Through games, songs, activity circuits and more, we'll focus on balance, core strength, handeye coordination and other movements which are the building blocks required for multiple sports.

SAANICH COMMONWEALTH PLACE

127194 W Sep 18-Oct 30 11-11:30am 7/\$53

123437 W Nov 6-Dec 18 10:30-11am 7/\$53

SOCCER - ME AND MY PARENT ^P 2-3yrs

This high-energy soccer program introduces you and your child to fundamental skills such as dribbling, shooting, passing and more. NCCP-certified coaches use games, songs and positive reinforcement to build skills. Small group format for personalized attention.

Richardson Sport

SAANICH COMMONWEALTH PLACE

122424 F Sep 20-Nov 1 10:30-11am 7/\$86

123753 F Nov 8-Dec 20 10:30-11am 7/\$86

Early Childhood - ARTS

PIANO FOR PRESCHOOLERS 3-5yrs

Parents and children will enjoy this creative class together. Children learn to find notes and play a song by the end of the course. They will also be taught to read music, play by ear and compose their own songs.

SAANICH COMMONWEALTH PLACE

PJ Music Studio

123889 Sa Sep 21-Dec 7 9-9:30am 9/\$168

123890 Sa Sep 21-Dec 7 9:30-10am 9/\$168

123891 Su Oct 20-Dec 8 1-1:30pm 7/\$134

123892 Su Oct 20-Dec 8 1:30-2pm 7/\$134

KINDERGYM DROP-IN ^P 1-5yrs

Kindergym is a movement program designed for children and their caregiver to play together. Balls, hoops, ride-on toys, climbers and mats allow children to creatively explore. Staff will lead circle time at the end. Get active together for life. No more than one caregiver per child. \$3.50 per child.

SAANICH COMMONWEALTH PLACE

(Drop-in with swim option straight after kindergym \$6)

1-3YRS

Tu Sep 17-Dec 17 10-10:45am

Th Sep 19-Dec 19 10-10:45am

2-5YRS

Tu Sep 17-Dec 17 9:15-10am

Th Sep 19-Dec 19 9:15-10am

5YRS AND UNDER (NO SWIM OPTION)

Su Sep 22-Dec 15 9:15-10am

LITTLE DANCERS ^P 2-3yrs

Little ones will love this introduction to the wonderful world of movement and music. Perfect for first-time participants, parents remain in studio during class for extra encouragement.

DANSKO DANCE STUDIOS

Dansko Staff

122937 Tu Sep 17-Dec 10 10:10-10:40am 13/\$97

122942 Th Sep 19-Dec 12 10:25-10:55am 13/\$97

TAP, JAZZ AND BALLET COMBO 3-5yrs

Introduce your youngster to three popular dance styles. Children will learn the sounds and rhythms of tap dance, practice the basic positions, posture and alignment of ballet, and enjoy the lively energy of jazz dance.

DANSKO DANCE STUDIOS

Dansko Staff

122941 Tu Sep 17-Dec 10 10:45-11:30am 13/\$117

Early Childhood - GENERAL INTEREST

DINOS AND DRAGONS 3-5yrs

Come with us as we visit the prehistoric time of the dinosaurs, build volcanoes, dig for fossils and hunt for eggs. Discover dragons, castles and princesses! This small group class includes circle time, songs, games, art and time in the gym. Children also gain comfort eating in a classroom environment.

SAANICH COMMONWEALTH PLACE

Michelle Dyas

122385 Th Sep 19-Oct 31 11:45am-1:45pm 7/\$103
122611 Th Nov 7-Dec 19 11:45am-1:45pm 7/\$103

FUNTASTIC FRIDAYS 3-5yrs

End the week with a whole lot of FUN! Learn about dinosaurs, play group games, enjoy ooey gooey messy play, and more. We'll have gym time with our popular ride-on toys and climbing equipment, too.

SAANICH COMMONWEALTH PLACE

Michelle Dyas

122395 F Sep 20-Nov 1 9:15-11:15am 7/\$103
122612 F Nov 8-Dec 13 9:15-11:15am 6/\$89

HAPPY HANDS, HAPPY MINDS 3-5yrs

This small group program encourages young ones' creativity and learning. Children enjoy painting, art projects, show-and-tell and circle time. Yoga, creative dance and gym time keep kids active, too!

SAANICH COMMONWEALTH PLACE

Janet Mulhall

122396 Tu Sep 17-Oct 29 9:20-11:20am 7/\$103
122616 Tu Nov 5-Dec 17 9:20-11:20am 7/\$103

MAGIC OF SCIENCE 3-5yrs

Great for the child that loves to ask why... Why do objects sink or float? Who paints rainbows in the sky? Our staff will perform experiments while the kids discover the magic of science. This class is complete with circle time, songs, games, artwork and time in the gym.

SAANICH COMMONWEALTH PLACE

Michelle Dyas

122939 M Sep 16-Oct 28 9:15-11:15am 5/\$74
122944 M Nov 4-Dec 16 9:15-11:15am 6/\$89

MIX IT UP WITH MICHELLE 3-5yrs

In this small group class, young ones enjoy different activities including messy play, dinosaurs, painting, science projects, art and gym time. During lunch, Michelle engages the children and reads stories to help them become comfortable eating in a classroom environment.

SAANICH COMMONWEALTH PLACE

Michelle Dyas

122625 W Nov 6-Dec 18 11:45am-1:45pm 7/\$103

MORNING DELIGHT

3-5yrs

Preschoolers explore different activities each week in this delightful small group class. Program leader Janet introduces science experiments, creative movement, yoga, music, crafts and messy play. Kids also stay active with gym time.

SAANICH COMMONWEALTH PLACE

Janet Mulhall

122409 W Sep 18-Oct 30 9:15-11:15am 7/\$103
122626 W Nov 6-Dec 18 9:15-11:15am 7/\$103

ON MY OWN

3-4yrs

A perfect introduction to preschool programs, this semi-structured class nurtures children as they become comfortable participating without parents or caregivers. Play centres, puzzles, painting, crafts music, and gym time are all included in this small group class that helps build confidence and social skills.

SAANICH COMMONWEALTH PLACE

Tiffany Kidder

122943 M Nov 4-Dec 16 9:30-11:30am 6/\$89

GRANDPARENT AND ME AND THE XMAS TREE

3-5yrs P

Come together for some festive fun! Create a tree ornament, sing holiday songs, enjoy a cup of tea and decorate cookies. Price includes one grandparent or guardian and one child.

SAANICH COMMONWEALTH PLACE

122387 Su Dec 15 10:15-12:15pm \$36
122388 Su Dec 15 1-3pm \$36

STORYTIME WITH SANTA P

2-8yrs

Bring your family to spend a fun-filled morning with Santa and his helpers at Saanich Commonwealth Place. Gather around Santa's chair and hear a classic Christmas tale read by the jolly man himself. Children will meet him personally to share their wishes and dreams. Then enjoy some cookies and milk with the big guy and create your own Christmas craft. Remember your camera! Registration is per child. Adult supervision required.

SAANICH COMMONWEALTH PLACE

123851 Sa Dec 14 9:30-10:45am \$30
123852 Sa Dec 14 11:00am-12:15pm \$30
123853 Sa Dec 14 12:45-2:00pm \$30

HOW TO REGISTER

ONLINE at Saanich.ca/Recreation

PHONE 250-475-7600

IN PERSON at any of our
4 Recreation Centres



PARKS, RECREATION
& COMMUNITY SERVICES

OUTER SPACE ADVENTURES

3-5yrs

Take off on the adventure of a lifetime as we launch our imaginations into outer space and discover rocket ships, gravity and astronauts. Play space-themed games during circle time, and enjoy stories and artmaking. The atmosphere of play and learning is out of this world!

SAANICH COMMONWEALTH PLACE

Michelle Dyas

122390 Th Sep 19-Oct 31 9:20-11:20am 7/\$103
122945 Th Nov 7-Dec 19 9:20-11:20am 7/\$103

OVER THE RAINBOW

3-5yrs

With a different theme each week, busy first-time preschoolers will enjoy developing their creative skills with craft projects, choose from a variety of play centres, incorporate music in an interactive circle time and much more. We'll also get active in our popular gym time with ride-on toys and climbing apparatus.

SAANICH COMMONWEALTH PLACE

Christine Lee

122946 Tu Nov 5-Dec 17 9:30-11:30am 7/\$103

RECIPE FOR SUCCESS

3-5yrs

Get ready for fun while you learn, create, and explore using quick and easy recipes. We will mix, measure, pour, and more. The best part? You eat what you create! This small group class also enjoys crafts, songs, and gym time with our popular ride-on toys and climbing equipment.

SAANICH COMMONWEALTH PLACE

Michelle Dyas

NEW

122428 Tu Sep 17-Oct 29 10:30am-12:30pm 7/\$119
123433 Tu Nov 5-Dec 17 10:30am-12:30pm 7/\$119

SILLY SATURDAYS

3-5yrs

Preschoolers love this program's focus on music and creative play, and parents appreciate the time to run weekend errands or enjoy a workout. Kids will enjoy a wide variety of action songs, creative play, crafts and stories. We will also go on short walks for outdoor exploration.

SAANICH COMMONWEALTH PLACE

Dianne Holmes

FULL Sa Sep 21-Nov 2 9:30-11:30am 7/\$103
122948 Sa Nov 9-Dec 14 9:30-11:30am 6/\$89

STEPPING UP TO PRESCHOOL

2.5-4yrs

This transitional program is the perfect stepping stone to preschool. In the classroom, children learn to stay with the instructor for crafts, free time, stories and circle time; then parents join the class for snacks and kindergym activities

SAANICH COMMONWEALTH PLACE

Michelle Dyas

122426 W Sep 18-Oct 30 9:30-11:30am 7/\$103
122949 W Nov 6-Dec 18 9:30-11:30am 7/\$103
Christine Lee
122427 Th Sep 19-Oct 31 9:30-11:30am 7/\$103
122950 Th Nov 7-Dec 19 9:30-11:30am 7/\$103

YOGA STARS

3-5yrs

We will practice movement, mindfulness, and breathing. Each week, our stars explore simple yoga poses with songs, props, and stories, complete with creative movement for expression and body awareness. Table stations for interactive play, crafts, snacks, and gym time will also be part of this unique class.

SAANICH COMMONWEALTH PLACE

NEW

Janet Mulhall

123734 Th Nov 7-Dec 19 9:15-11:15am 7/\$103

Early Childhood - SPORTS

ACTIVE PRESCHOOLERS -

COACH AND CHILD MULTI-SPORT

3-5yrs

Through games, songs, activity circuits and more, we'll have your preschooler moving, playing and having fun! Our focus will be on balance, core strength, hand-eye coordination, and other gross motor movements which are the building blocks required for multiple sports.

SAANICH COMMONWEALTH PLACE

122422 W Sep 18-Oct 30 11-11:45am 7/\$70
123438 W Nov 6-Dec 18 11-11:45am 7/\$70

SOCCER - ME AND MY COACH

3-5yrs

This gymnasium-based small group program introduces children to fundamental soccer skills and play, including dribbling, shooting, passing and more. NCCP-certified coaches leave competition on the sidelines and use games, songs and positive reinforcement to help develop a love of the game.

SAANICH COMMONWEALTH PLACE

Richardson Sport

123752 F Nov 8-Dec 20 11-11:45am 7/\$102

HOW TO REGISTER

ONLINE at Saanich.ca/Recreation
PHONE 250-475-7600

IN PERSON at any of our
4 Recreation Centres



Preschool Registration Open! Full-year, nature based programs for preschoolers, September 2024–25

FRIDAYS FOREST EXPLORERS 3-5yrs

Christine and Tiffany lead this fun and educational yearlong program for preschoolers, September 2024 to June 2025. Join us in Saanich Commonwealth Place's friendly forest for nature adventure, learning, circle time and more. Once registered, space is guaranteed through June 2025. Must be 3yrs as of October 31, 2024. For more information or to register please contact Ruth at 250-475-7603.

SAANICH COMMONWEALTH PLACE

Christine Lee and Tiffany Kidder (Waitlist Only)
109105 F Sep 13-Jun 13 9am-12pm \$87/mnth



KIDDIE CAPERS FOREST CLASSROOM

Enjoy our friendly forest for a year of fun, adventure, and learning! Circle time, crafts, field trips and more in an outdoor environment. Minimum two days may enroll up to four days/week. Registrants have space guaranteed through June 2025. Must be 3yrs as of October 31, 2024.

\$58
per
month

SAANICH COMMONWEALTH PLACE

Carla Charles and Jo Van Dyk

109097	M	Sep 9-Jun 16	9-11am (Waitlist Only)
109101	M	Sep 9-Jun 16	11:15am-1:15pm
109098	Tu	Sep 10-Jun 17	9-11am (Waitlist Only)
109102	Tu	Sep 10-Jun 17	11:15am-1:15pm
109099	W	Sep 11-Jun 18	9-11am (Waitlist Only)
109103	W	Sep 11-Jun 18	11:15am-1:15pm
109100	Th	Sep 12-Jun 12	9-11am (Waitlist Only)
109104	Th	Sep 12-Jun 12	11:15am-1:15pm

Call Ruth Smith - Pre-School Programmer at 250-475-7603 for more information